

Briefs

Exhibit on basketball and American culture

Basketball as an artistic window into American culture and communities will be the topic of a free public program on Sept. 23 in Davis Library on the UNC campus.

The talk, by Mebane photographer and UNC alumnus Bill Bamberger, will formally open "Ball," an exhibit of 16 photographs that he took between 2004 and 2009. The exhibit will be on display through 2013.

Bamberger's large-format color prints depict basketball hoops in American landscapes, from the deserts of Arizona to the streets of New York to the farms of the American prairie.

Bamberger uses basketball as a way to explore the diversity of American culture and the athletic experience that unites communities across the country.

The "Ball" exhibit was co-curated by Ann Stewart Fine Art of Chapel Hill and the library's Public Art Committee. The program will begin at 5:45 p.m. on the second floor of Davis after a 5 p.m. reception and exhibit viewing.

Strowd Roses grants

The Strowd Roses Foundation has announced \$78,500 in grants to local nonprofits for the third quarter of 2010.

Recipients were: The Augustine Project, Big Brothers Big Sisters of the Triangle (for its UNC Campus Y program), Compassionate Passages, Deep Dish Theater Company, Dispute Settlement Center, the DooR to DooR arts program at UNC Hospitals, Family Violence Prevention Center, Friends of Chapel Hill Parks, Recreation & Greenways, A Helping Hand, Marian Cheek Jackson Center for Saving & Making History, Orange/Chatham Friends of the Guardian Ad Litem Program, Planned Parenthood of Central N.C., Ronald McDonald House, Sustain Foundation's Community Trail Guides program, the United Way's Teaming for Technology program, the UNC Department of Psychiatry's "Brushes With Life" art gallery and The Women's Center.

Nonprofit groups interested in being considered in the final round of grants for this year are invited to visit strowdroses.org for guidelines and application forms. The deadline for submission is Oct. 31.



Chatham to honor Grand Trees

The Grand Trees of Chatham, Chatham County's tree board, will present its first annual "grandest trees" awards on Monday at 7:30 p.m. at Central Carolina Community College in Pittsboro during the Chatham County Board of Commissioners meeting.

The awards program is intended to identify and recognize outstanding Chatham trees nominated by Chatham citizens with the approval of the trees' owners.

For more information on the program, visit chathamnc.org/Index.aspx?page=1212 or send an email to: grandtrees@chathamnc.org

Celebrate Recovery

Everyone is invited to Celebrate Recovery on Sept. 23 from 6:30 to 8:30 p.m. at Freedom House in Chapel Hill.

September is National Recovery Month, a time to recognize and support friends, family members and fellow citizens who are working to overcome substance use and to live a sober, satisfying life. Celebrate Recovery is a project of the OPC Area Program and Freedom House.

Admission is free, with refreshments and live dance music by Red's Rhythm, featuring Roger Jones of Freedom House. Join the fun at Freedom House's new Community Building, 104 New Stateside Drive, off Martin Luther King Jr. Boulevard between Homestead and Weaver Dairy roads. For more information, call Vanessa B. at 942-2803, extension 227 or Peter Kramer at 913-4055.

HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with The Carrboro Citizen to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to yourhealth@unc.edu



This week we respond to questions about what happens when a patient arrives to the doctor late and what is wrong with children who suddenly quit talking.

Dear HOUSE Calls, What is the protocol for a patient coming to the doctor late? How late is it OK to come in and expect to be seen? I came in 15 minutes late and my doctor said I needed to reschedule. I have waited more than 15 minutes to be seen almost every time I have come to the doctor. Couldn't the doctor wait for me once?

That's a great question! It is one we bet most readers also think about. The late policy varies depending on the doctor. We don't like to run late, and yet we understand that it may happen to ourselves and to our patients. Our policy at UNC Family Medicine is that we see patients up to 20 minutes late, beyond which it is at the doctor's discretion. It is important to remember that the doctor doesn't really mind seeing you 15 minutes late, but it also means everybody else gets pushed back by 15 minutes. Then doctors and

patients are stressed. If we are running late, we may listen less well or we may not be as calm, and you as a patient may get impatient. Most people don't think about why they wait for a doctor; yet we believe it is mostly a function of a doctor trying to give each patient what he or she needs during a visit. Remember that during four hours of clinic, most doctors see between 10 and 15 patients, and some may need more time than allotted, in addition to unexpected phone calls or emergencies. So offices put some limits on being late so they can run a practice more effectively. We are sorry you did not get seen, and we think it would be reasonable to discuss this with your doctor.

Dear HOUSE Calls, My friend's son quit talking to almost everyone and was recently diagnosed with selective mutism. I've never heard of it. What is it? Is it common? Sometimes my child doesn't talk for a day, but it never lasts. When do you get worried?

Selective mutism is quite rare. It is a condition where a child has the inability to speak in

certain situations that may be stressful or less familiar. It can be quite profound. It is sometimes associated with shyness or certain types of situational fears. It could describe a child who might not be able to speak in a school setting for years but can speak normally at home. It is important to identify underlying developmental, psychological and medical illnesses that may be causing or contributing to these symptoms. This is especially true if a child had been speaking normally and stops speaking in all situations. The evaluation and treatment of selective mutism requires a team approach, including a psychologist, a primary-care physician, a speech therapist and sometimes a developmental specialist. This can be a very difficult problem and we hope your friend's son is getting the help he needs.

HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.



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FISH DAY!

NOW IS THE TIME FOR POND STOCKING! Channel Catfish • Largemouth Bass • Redear • Bluegill (Bream) Koi • Grass Carp • Minnows • Black Crappie (if available) DELIVERY: Tuesday, September 21: 1:45 - 2:45 pm AT SOUTHERN STATES CO-OP IN CARRBORO, NC

To order call 1-800-247-2615 • www.farleysfishfarm.com Farleys Arkansas Pondstockers, Inc.



YOU CAN COMPOST in your yard, house, apartment or condo. No kidding!

Compost Demonstration Saturday, September 18 10:00-11:30 a.m. Community Center (behind the Rose Garden) Estes Drive, Chapel Hill

Learn the Basics of Outdoor Composting and Indoor Composting with Worms. Orange County Solid Waste Management 968-2788 or email recycling@co.orange.nc.us

carrborocitizen.com/classifieds

SUPER CROSSWORD GREAT SCOTTS!

Crossword puzzle grid with clues for Across and Down words.

Completed crossword puzzle grid with numbers indicating clue locations.

CitizenCryptoquote By Martin Brody

For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc. Apostrophes, punctuation, the length and formation of the words are all hints.

"Foreigner?"

M J W V W T V U S U M O S K U
S M H A W S N W X D W K M U O
V G A A Z F M O W N M I U O W
C D K J M K F Y R W Z Z A O K
M J W V W P N W M X K F A R
J U D T X K N R K U X A G U N K
Y A . - S U H . W N O U T X
V Z F J W N I A O A S S A N
M O W Z U Y Y A O Z A Y A O K
W X X N A V V W K A Y U N R
D O M H A N V M K R
Find the answer in the puzzle answer section.

Weekly SUDOKU

by Linda Thistle

Sudoku grid with numbers 2, 8, 5, 3, 6, 7, 9, 8, 1, 6, 5, 2, 3, 9, 8, 7, 6, 5, 1, 3, 9, 8, 3, 7, 6, 3, 2, 5.

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★ ★

★ Moderate ★ ★ Challenging ★ ★ ★ HOO BOY!

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PETS OF THE WEEK

PAWS4EVER - Alice is a 12-month-old brown-and-white Labrador Retriever/Shepherd and a very outgoing lady. She loves to play with dogs of all shapes and sizes, males and females alike. She loves running around and playing with everyone in the play yards and never causes any issues with the other dogs. She does have a lot of energy, so an active family or active person would best fit her needs of exercise. If she got to go to a dog park a few times a week, it would be wonderful for her. She is very sweet and loves to give you hugs and kisses when she is with you. She does wonderful on leash walks and is OK with kitties too. She would be great with older children, only because she might knock down little ones, not meaning to of course. So if you are in the market for an outgoing, good-looking young lady, look no further than our girl Alice. Contact Paws4Ever, 6311 Nicks Road, Mebane or call 304-2300. You can also go online at paws4ever.org



ORANGE COUNTY ANIMAL SERVICES - Meet Emily!

This gorgeous calico is around a year and a half old and ready to find a new place to call home! She's very social and inquisitive. She enjoys lounging, people watching and, of course, ear rubs! If you have room in your life for a pretty girl with a great, laid-back personality, Emily may be just the one for you. Come visit her today at Orange County Animal Services, 1601 Eubanks Road in Chapel Hill. You can also see her and other adoptable animals online at www.co.orange.nc.us/animalservices/adoption.asp

