

## Briefs

### Locally Grown features Moving Midway

The summer-long series of free live concerts and movies, Locally Grown, will feature *Moving Midway* today (Thursday) at sundown. The movie will be shown on the Wallace Plaza on top of the Wallace Parking Deck at 150 E. Rosemary St.

For more information, visit [locally-grown.com](http://locally-grown.com)

### HOPE Gardens Festival fundraising dinner

The HOPE Gardens Festival will be held on Sunday from 5 to 9 p.m. at 2200 Homestead Road. The festival will serve dinner to raise funds for HOPE Gardens. Through a partnership with the Town of Chapel Hill Parks and Recreation Department, the organization provides a community garden space and education about local food and sustainable agriculture for Chapel Hill and surrounding areas. The event will feature live bands and educational tours of the community space. Tickets are \$7 in advance and \$10 the day of the event. For more information or to purchase tickets, call 240-1795 or email [nchopegardens@gmail.com](mailto:nchopegardens@gmail.com)

### UNC Board of Visitors adds new members

Four Orange County residents were recently elected to the UNC Board of Visitors.

New Orange County members are M. Robert Blum, Sandra Long Henson, James Houston Kitchen and Stephan Allan Rich. Forty new members will begin their terms this month. The UNC Board of Visitors is one of the most involved volunteer groups at the university.

### Friends of Downtown meeting

The Franklin Hotel will host the Friends of Downtown on July 29 with refreshments at 9:30 a.m. and a meeting at 10 a.m. The meeting will focus on the future of downtown Chapel Hill, especially the downtown master plan and development for the next five to eight years.

The meeting, open to the public, will be held on the second floor of the hotel. Parking is available in the lot behind the hotel.

### Jus Patrick performs

Singer/songwriter Jus Patrick will perform at the Carrboro Century Center on Wednesday at 7:30 p.m. as part of the Summerdipity Series. Patrick writes his own material and also works with his production company's in-house team to create music for other artists. His debut album captures his early roots in gospel and classical music while showcasing pop and hip-hop influences. Admission is \$3. For more information, call 918-7364.

## HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with *The Carrboro Citizen* to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to [yourhealth@unc.edu](mailto:yourhealth@unc.edu)



*This week we respond to questions about irritable bowel disease and fatty liver.*

**Dear HOUSE Calls,**  
I am 70 and was just diagnosed with irritable bowel syndrome. I thought it occurred in younger people. I do seem to have most of the symptoms. Should I be worried that my doctor has missed something?

*That is a good question. We would like to know how your doctor made this diagnosis. Did he or she hear all of your concerns? What did he or she do to rule out other potential diagnoses? It sounds like you are worried that your doctor missed something, and that always gives us pause to listen carefully. Doctors often think the worst first (like cancer of the colon) and then try to prove that it is unlikely based on your history, exam, tests or recent screening exams. Given your age, we hope you have had regular colon cancer screening over the last 20 years. If you had a recent colonoscopy, that would make colon cancer unlikely.*

*Irritable bowel syndrome can occur as people get older. It is not as well described then, and we do tend to think of it as something that usually begins in adolescence or early adulthood. There may be some medical or lifestyle factors causing or contributing to the emergence of your symptoms, such as new medicines, increase in stress or dietary changes. It is important to sort through this with your doctor and make sure he or she knows you have concerns that something more serious may be going on.*

**Dear HOUSE Calls,**  
My mother was recently diagnosed with liver disease. She is overweight, and her doctor called it "fatty liver." This sounds really bad. Do you have any advice?

*Fatty liver is very common in people who are overweight. Just having excess weight puts you at higher risk for having fatty liver disease or fat cells taking over portions of the liver. Fortunately,*

*most people with fatty liver do not go on to develop severe liver disease, like cirrhosis or liver scarring. However, this can happen, and we have very little ability to predict to whom it will happen. The only treatment is weight loss. Even if your mother is just a little overweight, getting to a more ideal body weight will be good for her liver and lots of other related health risks, like heart disease and diabetes. We hope that she can work with her doctor to get more information and develop a weight-loss plan. Some people with fatty liver disease find a consultation with a liver specialist helpful. This is certainly reasonable, as severe liver disease can lead to a variety of lifelong complications.*

*House Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.*

## FOOTBALL

FROM PAGE 1



The investigations come at a time in which the NCAA appears to be stepping up enforcement of rules concerning student-athletes' contact with agents. The NCAA's director of agent, gambling and amateurism activities Rachel Newman-Baker told *Sports Illustrated's* SL.com, "I think people are tired of watching the abuses taking place in this area."

Players are allowed to have contact with agents after their junior years but aren't allowed to receive money or gifts or to commit to signing with an agent. Players found to have received unauthorized benefits or to have violated rules regarding

*"We work hard in doing things the right way."*

contact with agents, or to have lied to investigators, can be suspended for some or all of the upcoming season. Athletic programs found to be in violation can be forced to

return money gained in championship runs, banned from postseason play for a given time period and required to reduce the number of scholarships they offer.

As for agents who make unauthorized contact: In 2003, the North Carolina legislature passed the Uniform Athlete Agents Act, which makes it a Class 1 felony for an agent to, among other things, "[f]urnish anything of value to a student-athlete before the student-athlete enters into the agency contract." No one has yet been prosecuted under the statute.

The UNC athletics department has pledged its full cooperation in the investigation.

"I'm going to do exactly what they ask me to do," Baddour said last Thursday. "We work hard in doing things the right way."

# buy local

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## SUPER CROSSWORD RHYMETIME

ACROSS	1 Covenant	57 Misplace	109 Goffer's gadget	3 Fashion's Chanel	45 "Petits —"	99 Schubert song
2 Come out of one's shell	58 Vane letters	110 Islamic ruler	4 Platitude	46 Kind of confection	100 Carson's successor	103 Haggard
10 King or queen	60 Ring championship	111 Singer Guthrie	5 Cool	47 Blazing	50 Youth org.	105 Connecticut town
14 Tracking	61 Caribbean isle	112 Climb a trellis	6 Fuzz and feathers	51 "Siddhartha" author	106 Extinct bird	108 "The Bristol —" (S1 hit)
17 "patria"	63 Song-writers' org.	114 "Uh-uh!"	7 Savoir-faire	54 Soprano	109 Presidential book	113 Christmas decoration
20 "Moscov's locale"	67 Idol's perch	115 Extra	8 Make butter	55 Blazing	116 Jim Morrison, for one	115 Criminal caper
21 Clarinet kin	69 Still's partner	119 Jim	9 Biblical	56 Presidential nickname	120 Lost	117 Director Lubitsch
22 Cover target story?	72 Mediocore	120 Lost	10 Amusing	59 Ridges	121 Tiny	118 Dais covering
23 Deception	73 Mohammed — Jinnah	122 Peter of "Casa-blanca"	11 — Dhabi	62 Ooh's	123 Arizona city	119 Eban of Israel
25 Gibberish	74 Rage	124 Peter of "Casa-blanca"	12 Grad	63 Ooh's partner	124 Tiny	120 Way of base?
27 Detergent	75 Firms: abbr.	125 Arizona city	15 Grad	64 Military unit	126 Peter of "Casa-blanca"	118 Dais covering
28 Roman fountain	77 Disorderly	128 Arizona city	16 — novel	65 Selling point	127 Disorganized	120 Way of base?
30 British bar	81 Marsh	131 Disorganized	17 Eban of Israel	66 Hearsh hardware	128 Arizona city	121 Lassie's father
31 Nut part	82 Circle section	132 Weak	18 Disturbance	68 Forgo the fudge	133 Spout like Cicero	122 Jack of "Rio Lobo"
32 Achy	83 Damage	138 Spout like Cicero	24 Ashcar	70 San —, Italy	139 Close — Gynt	123 Choir member
35 Civil Rights org.	84 Lichten's "Gynt"	139 Close — Gynt	25 To heavy	71 Consternation	140 Richard's veep	125 Poet Wilcox
37 Baseball's Kluszewski	85 Flight segment	140 Richard's veep	29 Puncheons	75 Inner circle	141 Austin or Garr	127 Give off
39 "Moby-Dick" narrator	87 Migration	141 Austin or Garr	33 Puncheons	76 Journalist	142 The — Drop Kid	129 Hook's mate
42 Canvas cover	90 Remove varnish	142 The — Drop Kid	34 Designer	78 Shock	143 Use the VCR	132 Craving
44 Some are deviated	92 — stop	143 Use the VCR	35 Fiorucci	79 Author Jong	144 Rocky Mountain range	133 Drink like a dachshund
48 — Locka, FL	95 Less available	144 Rocky Mountain range	36 Freightier front	80 Prison pariah	145 Pile	135 Street salutation
49 Equine exclamation	96 Pie ingredient?	145 Pile	38 AI — (cooking term)	86 Taxing org.	146 Hardened	136 Hither and
52 — gin fizz	98 Holler	146 Hardened	39 It comes before kappa	88 Withered	147 Indigo ("31 song)	137 Puppy protest
53 Sufficient	101 Kenton or Galtz	147 Indigo ("31 song)	40 Practice punching	89 Act like an egret	148 "Fiel"	
55 Actress	102 Hardened	148 "Fiel"	41 Reckless	91 Norm	149 Famous fellow?	
	104 "— Indigo" ("31 song)	149 Famous fellow?	43 Foreign correspondent?	93 D-Day site		
	107 Sign of spring			94 "... my banjo on my —"		
				97 Mount —, FL		

## CitizenCryptoquote By Martin Brody

For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc.. Apostrophes, punctuation, the length and formation of the words are all hints.

### "Unwanted Change"

W J W E T I U ' A I T J B S W A K B B C  
R Z E N I B X B I U R S W C Y B L  
W C L X S B U L Z C ' X B H B C  
P C Z O T X U B X . - J T M A X I X .  
E W X X S B O B . A X B O W M X ,  
W C W M E U E B L T H W R N T I Z X ,  
M B J B M M T C Y X Z X S B  
M B I W X T H B A Z J W E W M T C B  
S T A R M B O S W L X M T B L T C  
H W T C X Z A W H B .  
*Find the answer in the puzzle answer section.*

## Weekly SUDOKU

by Linda Thistle

	5	7		4				9
		1		5	9		7	
8			7			6		5
1	7			6		2		
	9				8	7	5	
		3	4		2			1
9			1			5	6	
	3		2		6			4
2	6			8				3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

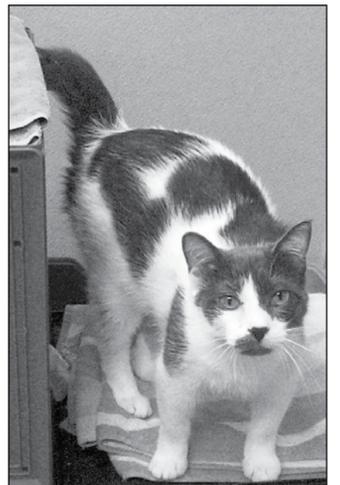
★ Moderate ★★ Challenging  
★★★ HOO BOY!

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## PETS OF THE WEEK

### PAWS4EVER —

**Eddie** is a 13-month-old gray-and-white domestic shorthair mix. He was surrendered to the county shelter along with his brothers Elvis and Elroy because of financial issues. Eddie was very sick when he got here and the stress of the new surroundings made his kitty cold even worse. Now he is adjusting quite nicely and even comes out when you call him. One of the staff members calls him Eddie Spaghetti, and he comes running when he hears her voice. He is much better with his cold, and once he is 100 percent we will get some new photos up of this pretty boy. He loves attention and lounging around now, a very impressive change from crammed in a cubby, scared, with his two big brothers. Contact Paws4Ever, 6311 Nicks Road, Mebane or call 304-2300. You can also go online at [paws4ever.org](http://paws4ever.org)



### ORANGE COUNTY ANIMAL SERVICES — Meet Meet Smooch and Fiona!

These cutie pie sisters are around 3 months old and have just returned from foster care with their mom, Noodle. Their siblings have all been adopted, so these girls now have an entire room and mom all to themselves! While they're loving the extra space and attention, what they really want is a place to call home for good. And since cats do so well in pairs, you can choose between these beauties or adopt both! Visit them today at Orange County Animal Services, 1601 Eubanks Road in Chapel Hill. You can also see them and other adoptable animals online at [co.orange.nc.us/animalservices/adoption.asp](http://co.orange.nc.us/animalservices/adoption.asp).

